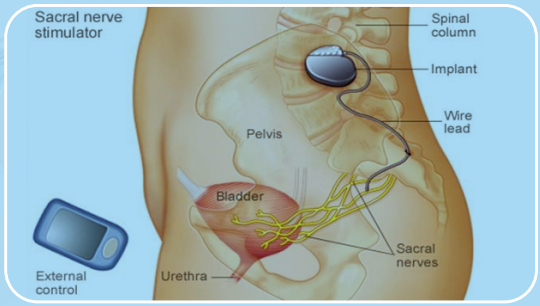
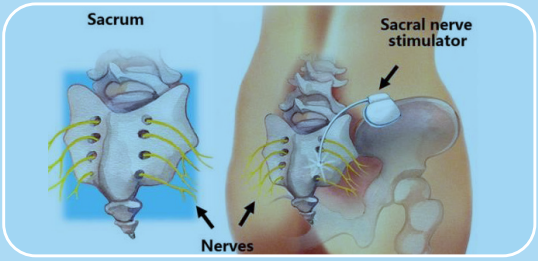
Sacral Nerve Stimulation (SNS)







مؤسسة حمد الطبية
Hamad Medical Corporation
HEALTH • EDUCATION • RESEARCH
صحة • تعليم • بحوث

Overview

What is Sacral Nerve Stimulation (SNS)?

- SNS is a surgery to help control problems with your bladder or bowel
- A small device is placed near the lower back to send gentle electrical signals to the nerves
- This helps control your bladder and bowel better

How do you know if SNS is right for you?

- SNS is used when other treatments, like changing your diet or medicine, do not help.
- Your doctor will decide if SNS is a good choice for you.

Who can have SNS surgery?

SNS may help if other treatments don't work. It can be used for:

- Leaking urine (when you cannot control peeing)
- Leaking stool (when you cannot control bowel movements)
- Pain in the bladder (interstitial cystitis)
- Overactive bladder (when you feel like you need to pee all the time)
- Trouble emptying the bladder (when it's hard to pee)
- Pain in the pelvis (lower stomach area)
- Pain during sex
- Pain around the genitals or anus

How is SNS tested?

- A small wire is placed near the nerve in your lower back
- You will wear a device on your skin outside your body for a few weeks
- If the device helps, you may have the surgery

How is SNS surgery done?

- You will be awake during the surgery. The doctor will make the area numb so you do not feel pain
- The device is placed in your lower back and connected to the nerves that control your bladder and bowel

Risks of SNS Surgery:

- Like all surgeries, there are some risks such as getting an infection or bleeding
- Some risks with SNS are nerve pain, swelling, or the device moving

When SNS should not be used:

- If you have untreated mental health problems
- If the test doesn't work for you
- If you have an infection

Contact Information

For more information, please contact the **Neuromodulation Clinic** at Qatar Rehabilitation Institute on Wednesdays from 7 am to 3 pm at **(40260171)**.

Patient and Family Education
patienteducation@hamad.qa
© 2024 Hamad Medical Corporation
24-308